



Don't forget  
to eat your  
vegetables

# St. Joseph's Lunch

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily  
on the Fruit and Vegetable Bar

February

2019

## MONDAY

All menus meeting Federal  
Nutritional requirements.  
Menus are subject to  
change but will always  
meet these requirements.

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1  
Cheeseburger on a Bun  
Hot Wedged Potatoes

4  
Romaine, Cherry  
Tomatoes, Cauliflower,  
Fresh Apple, Diced  
Peaches

11  
Chicken Nuggets w/Ranch  
Hot French Fries

Romaine, Baby Carrots,  
Peas, Apples, Chilled  
Mixed Fruit

18  
No School

25  
Grilled Cheese w/Tomato  
Soup

Romaine, Baby Carrots,  
Peas, Fresh Apple, Diced  
Peaches  
WG PF Cookie

5  
Pasta w/Meat Sauce &  
Garlic Bread

Romaine, Baby Carrots,  
Snap Peas, Cubed  
Cantaloupe, Apple Slices

12  
Pizza Burger on a Bun

Romaine, Cucumber,  
Cherry Tomatoes,  
Pineapple Tidbits, Diced  
Pears

19  
All Beef Hot Dog on a Bun

Romaine, Baby Carrots,  
Snap Peas, Fresh  
Honeydew, Diced  
Peaches

26  
Max Sticks w/Marinara

Romaine, Cucumber  
Slices, Cherry Tomatoes,  
Fresh Orange, Apple  
Slices

6  
Walking Beef Tacos  
w/Lettuce, Tomato & Salsa

HOT Refried Beans  
Romaine, Cucumber  
Slices, Green/Red Pepper  
Mix, Banana, Juice Cups

13  
Beef Nachos w/Melted  
Cheese

Refried Beans  
Salsa  
Romaine, Broccoli,  
Zucchini, Bananas,  
Applesauce

20  
Baked Potato w/Taco  
Meat and Cheese or

HOT Baked Beans  
Romaine, Cucumber  
Slices, Green & Red  
Peppers, Fresh Banana,  
Diced Pears

27  
Chicken Fajitas w/ Flour  
Tortillas and Salsa

HOT Black Beans  
Romaine, Fresh Broccoli,  
Julienne Zucchini,  
Fresh Banana, Juice Cups

7  
Sloppy Joe on a Bun

Romaine, Radishes,  
Celery Sticks, Fresh  
Apples, Diced Pears  
WG Rice Krispie Treat

14  
Mozzarella Dippers  
w/Marinara

Mashed Potatoes  
Romaine, Green & Red  
Pepper Mix, Celery Sticks,  
Fresh Pears, Peaches

21  
Swedish Meatballs over  
Buttered Egg Noodles  
and Dinner Roll

Romaine, Sliced Radishes,  
Celery Sticks, Fresh Pear,  
Applesauce

28  
Salisbury Steak w/Gravy  
w/Dinner Roll  
Hot Mashed Potatoes

Romaine, Green & Red  
Peppers, Celery Sticks  
Fresh Grapes, Diced  
Pears

1  
1/2 Day  
No Lunch

8  
Cheesy Italian Flatbread

A variety of fruits and  
vegetables are offered  
daily on our FV Bar

15  
No School

22  
Tony's Cheese Pizza

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vegetables are offered  
daily on our FV Bar

In accordance with federal  
civil rights laws, the USDA  
programs are prohibited  
from discrimination based  
on race, color, national  
origin, sex, disability or  
age.

### Prices

Lunch \$3.00  
Extra Entree \$1.75

### Contacts

If you have questions or comments, please  
call Chef Brian at 414-442-5854.

### Got Milk?

Milk choice of 1% White, Skim or Chocolate  
Skim is included with Breakfast.

