



Don't forget
to eat your
vegetables

St. Joseph's Lunch

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily
on the Fruit and Vegetable Bar

March

2019

MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

4
Cheeseburger on a Bun

Romaine, Cherry Tomatoes, Cauliflower, Fresh Apple, Diced Peaches

11
No School

18
Popcorn Chicken w/Honey Mustard w Dinner Roll
Hot Tater Tots

Romaine, Cherry Tomatoes, Cauliflower
Fresh Apple, Pineapple Tidbits

25
Grilled Cheese w/Tomato Soup

Peanut Free Cookie
Romaine, Baby Carrots, Peas, Fresh Apple, Diced Peaches

Prices

Lunch	\$3.00
Extra Entree	\$1.75

TUESDAY

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

5
Pasta w/Meat Sauce & Garlic Bread

Romaine, Baby Carrots, Peas, Cubed Cantaloupe, Apple Slices

12
Pizza Casserole

Romaine, Cucumber, Cherry Tomatoes, Pineapple Tidbits, Diced Pears

19
All Beef Hot Dog on a Bun

Romaine, Baby Carrots, Peas, Fresh Pears, Diced Peaches

26
Max Sticks w/Marinara or

Romaine, Cucumber Slices, Cherry Tomatoes, Fresh Orange, Apple Slices

Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

WEDNESDAY

6
Ash Wednesday

Cheese Nachos w/Lettuce, & Salsa

HOT Refried Beans
Romaine, Cucumber Slices, Green/Red Pepper Mix, Banana, Juice Cups

13
Beef Nachos w/Melted Cheese

Refried Beans
Salsa
Romaine, Broccoli, Zucchini, Bananas, Applesauce

20
Baked Potato w/Taco Meat/Cheese

HOT Baked Beans
Romaine, Cucumber Slices, Green & Red Peppers, Fresh Banana, Diced Pears

27
Chicken Fajitas w/ Flour Tortillas and Salsa

HOT Black Beans
Romaine, Fresh Broccoli, Julienne Zucchini, Fresh Banana, Juice Cups

THURSDAY

7
No Hot Lunch provided

Bring your own Lunch

14
Diced Chicken w/Gravy Over Mashed Potatoes and Dinner Roll

Romaine, Green & Red Pepper Mix, Celery Sticks, Fresh Pears, Peaches

21
Swedish Meatballs over Buttered Egg Noodles and Dinner Roll

Romaine, Sliced Radishes, Celery Sticks, Oranges, Pineapple Tidbits

28
Salisbury Steak w/Gravy w/Dinner Roll

Hot Mashed Potatoes
Romaine, Green & Red Peppers, Celery Sticks
Fresh Grapes, Diced Pears

Got Milk?

FRIDAY

1
Homemade Cheese Pizza

A variety of fruits and vegetables are offered daily on our FV Bar

8
No Hot Lunch provided

Bring your own Lunch

15
Homemade Cheese Pizza

A variety of fruits and vegetables are offered daily on our FV Bar

22
Homemade Cheese Pizza

A variety of fruits and vegetables are offered daily on our FV Bar

29
1/2 Day
No Lunch

